

Club Dogwood

# SCENTVENTURE

Fall Fest



For folks who love the scent of freshly sharpened pencils, the sound of crisp leaves crunching underfoot and, of course, the taste of pumpkin spice lattes, hurrah! It's the most wonderful time of the year.

It is the time that those endless shades of green shift softly into a palette of warm colours. Terracotta, burgundy, purple, golden yellow, bronze. Autumn has a peculiar personality of its own which is powerfully nostalgic. It is a time to get out and enjoy the last rays of sun which can warm your skin, to hear the crisp sound of dried leaves under our feet, to go for a walk on a foggy morning, the smoke of wood fire that drifts to our nostrils. And now of course, FALL FEST!

Fall Fest is an interactive autumnal experience taking in all the sights, sounds, and smells of the season. With fan-favourite activities like apple bobbing and pupkin carving and new culinary adventures in the Starpups cafe, Fall Fest unites two and four-legged autumn lovers.

This guide gives you an overview of the fun we're having this fall. You can find the full instructions on the members' site.

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## Crisp Air & Rosy cheeks

### Rucksack Walk

Back to school, the smell of sharpened pencils and new pencil cases - oh, and of course rucksacks! The Rucksack Walk taps into your dog's natural curiosity and builds bond and connection as you share this exploratory activity together.



### Autumn Snuffle Box

There is a certain unfathomable joy in walking through crunchy leaves, would you agree? Collect some while you're out and make a seasonal snuffle box for your dog.

For dogs who aren't sure about putting their heads into boxes yet, spread them onto a towel, or even easier - go outside and make the most of nature's snuffle mat.



## Starpups Cafe



### Pupkin Spice & All Things Nice

Autumn is well and truly upon us – and the golden season promises to bring with it the delicious smells of homecooked food, not to mention plenty of snuggling up on the sofa with cuddly blankets and warm drinks.

But there's another reason to welcome the crisper months, thanks to all the seasonal drink options that become available in our favourite cafes.

And now your dog can enjoy the seasonal sensations of pupkin spice and all things nice.





## Oktoberfest

Willkommen to dog friendly Oktoberfest! Don your lederhosen or Dirndl to enjoy an amazing selection of authentic (ok, maybe not!) autumnal German activities.

### Tavern Quiz

So, you think you know everything about German dogs? No? Us neither! So this should be funny!

### Dachshund Dash

A fun recall game to build urgency around distractions!

Entry requirements: you don't need to be a sausage! All breeds welcome.

### Bratwurst Logs

An all-season fan favourite that comes in handy any time of the year! Sausage logs is one of the easiest and most effective Scentventure Station activities for bringing focus to your walk.

## Cosy Craft Corner



You've reached the woodland retreat and you're settled in the log cabin, curled on a deep sofa with your dog snoozing beside you. The fire's going and the kettle's on the boil.

Bury your nose in a good book and let your mind wander to far away places. Flick through your nature snaps and enter the photography competition, make a feeder to help our bird friends through the season, or create a leaf portrait of your dog... because why not!



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## Howl-o-ween Party

Calling Club Dogwood Canines! You're invited to our annual Howl-o-ween party! Ask your humans to carve your pupkins, enter the best decorated lead competition, try your snout at apple bobbing and get some treats for tricks!

Spooky (but rather non-scary) fun

Share your entries in the communities on the 29th & 30th October.



## Feel Good Fall Forage

The Feel Good Fall Forage gives us humans a mental health boost as the days get shorter and darker.

Spending time in nature gives you a break from the stress of daily life. And you don't even need to take your dog.

Savour the sights, sounds and smells of the season on this autumnal treasure hunt.

A visit to the woods during this spectacular season is always a treat. Grab your woolly scarf, pull on your wellies and venture out into the crisp autumn air. Listen to the crunch of leaves beneath your feet and get swept away in all that this season has to offer.

Taking time to connect to nature with or without your dog is a great way to embrace the feelings of cosy nostalgia that are unique to the autumn season.

Members reported that when we did wellbeing walks in Spring, it really helped them stay in the moment, stay with the senses, rather than thinking too much and feeling stressed. That's why the Feel Good Fall Forage makes up the largest part of the Fall Fest Award.

**So let's do our minds and bodies a favour, and let's go outdoors.**

