



*Complimentary activities*



You don't need to do any of the Juractivities in this pack to earn the Special Edition Scentventursaurus Award. They are optional extras in case you fancy getting your craft and bake on.

# BENEFITS

## FOR DOGS

### Problem solving

Solving puzzles develops the 'thinking, logical' part of your dog's brain. This is the part of the brain responsible for making good decisions, instead of reacting instinctively. The more developed this part of the brain is (through regular use), the better your dog will become at thinking before they react - opposed to reacting to a trigger emotionally and instinctively, e.g. by barking or lunging.

### Novel Sensory experiences

From YIKES to YAY! Providing unusual sensory experiences helps your dog see the world as fun and positive, instead of scary and threatening. Scentventure develops dogs' sense of curiosity and love of new experiences in a safe, controlled manner. This new-found optimism builds confidence and can reduce fearfulness, anxiety and reactivity.

## neophilia

neo·phil·ia | \,nē-ə-'fi-lē-ə \

: love of or enthusiasm for what is new or novel

## FOR US

Crafting can alleviate the symptoms of anxiety, depression, loneliness and even dementia, according to research. It's relaxing, rewarding and mindful.





## WHERE DO DINOSAURS KEEP THEIR EGGS? IN EGG BOXES OF COURSE!

# DORIS

To make Doris's horns, roll up a piece of card into a cone shape. There will be a lip at the bottom, big enough to glue onto her head plate.

To get her jaws to stay open, cut off the flap that holds the egg box together and use it to create a hinge (though any bit of card should work for the hinge).



# GEOFF

Geoff is made in a similar way to Doris; follow the same instructions for his head and body.

Cut toilet roll tubes for his legs and add triangular card for his teeth.



**HIDE PIECES OF FOOD FOR YOUR DOG TO FIND!**

# TRISTAN

Cut toilet roll tubes into sections and glue together. To make his antenna, cut strips of paper and use scissors or a blunt knife to curl the card and attach to the head.



**GET CREATIVE - MAKE AND NAME YOUR OWN DINO CREATIONS!**



# HERBIVORE HABITAT

**You will have as much fun making this as your dog will snuffling through it!**

Jungle vines - mint, lavender (any dog-safe herbs)

Trees - broccoli, asparagus (and blueberries for the fruit on the trees)

Forest floor - include different textures and snuffle material for a sensory experience, such as sand and water.

Peas - herbivore poo

You'll need something solid to rest your uprights on and give it some structure. I used twigs as they're safe for Fi-Fi-BC; but use something different if your dog eats sticks.

Sprinkle in some extras for your carnivorous canine!

Remove Dino decoration (if using) before presenting to your dog and don't use anything in your habitat that is a choking risk. Supervise at all times.





# EXPLORATION EYES



Use rolled up card or toilet roll tubes.

## First Time Explorer

Take a sheet of paper or tissue paper, roughly A4 size. Place some treats on top and loosely twist it to hold the treats. Push it into the tube and present to your dog.

## Expedition Pro

Scrunch up some paper and stuff it in the end of the tube.

Drop a treat into the tube (the scrunched up paper should stop it from falling out) then put another layer of scrunched up paper into the tube.

Drop another treat in and repeat until the tube is full. Present it to your dog.

It's better to start with the easy version to avoid causing frustration. Problem solving is hugely beneficial to our dogs - as long as the problem isn't too difficult.

Instead of giving it directly to your dog, hide the Exploration Eyes in your home or garden and send your dog to *Find It*. Hide several EEs to up the ante.

Attach string if you would like to hang the Exploration Eyes from something to add another element of interest to the search.

You can ready-make Exploration Eyes so they're always on hand if you need to entertain your dog while you're busy, or someone comes to the door, etc. They provide a handy distraction and are super quick, cheap and simple to make.



# DINO DROOL

## Chicken & sweet potato gummies

### INGREDIENTS

- $\frac{2}{3}$  cup of dog-safe chicken broth (you can buy it ready made or make your own)
- 1 or 2 sweet potatoes
- Sodium-free unflavoured gelatin

You'll need a mould to hold the drool.

### INSTRUCTIONS

1. Boil or steam the sweet potato, remove the skin and puree.
2. Heat broth to boiling. Mix gelatin into hot broth until fully dissolved.
3. Stir in sweet potatoes until fully mixed. Allow it to cool slightly.
4. Place moulds onto a baking tray to make them easier to move. Pour mixture into mould.
5. Place mould in the fridge (on the tray) for about 45 minutes to one hour. When fully set, remove from moulds and store in an airtight container in the fridge.



**Bone broth** is loaded with calcium and magnesium, so it's nutritionally dense and delicious (as long as you don't use fossil bones you unearth at the archeological dig!). Avoid bone broths that contain sugar or artificial sweeteners.

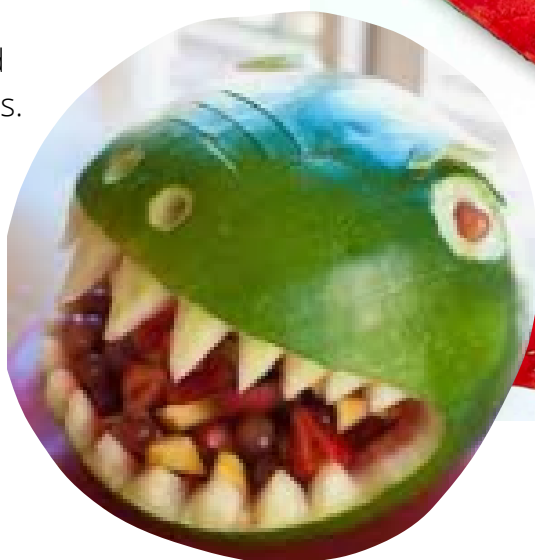
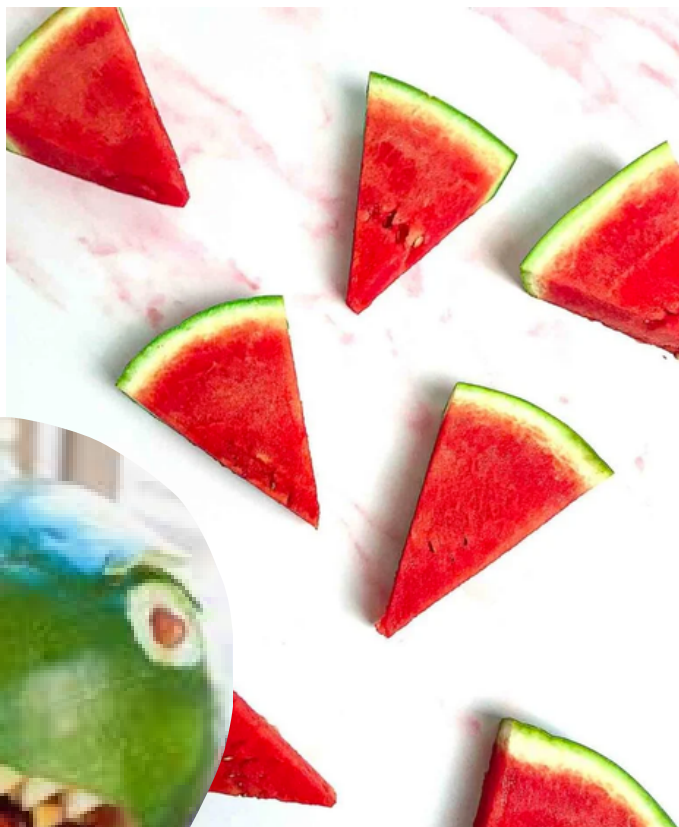
# INDOMINUS DENTURES

## Get creative with primordial melon!

Watermelon is the perfect summer snack for dinodogs. It's cooling, low calorie and contains vitamins A, B6 and C.

Craft a whole head or cut a section into fang-like triangles.

Remove the seeds and rind as they can cause blockages.



*There's more...*

Look out for a new themed recipe every Chewsday (Tuesday) from Sandy!

Join Sarah from Primrose Harvest on the 21st June for a live crafting workshop!

Thanks to Lynn for creating and, ahem, naming Doris, Geoff and Tristan.

