



**NAME:**

**DATE OF CLASS:**

**WHAT'S YOUR** *Goal?*

What would you love to be able to do with your dog that you can't do now? How would solving the problem make you feel? How would it improve your life and the lives of those closest to you? Go into as much detail as possible.

## WHAT'S THE

# Problem?

List your dog's triggers (the things that cause them to react or become overexcited). Describe the behaviour your dog displays when they encounter that trigger and, if you know, suggest what the emotion might be e.g. are they fearful/frustrated/excited? Explain where and when they encounter those triggers. Be as specific as possible.

### NAME THAT TRIGGER

e.g. large dogs less than 20 metres away

### BEHAVIOUR & EMOTION

Pulling & barking. Excitement

### WHERE & WHEN

On walks - worse at the park