



UP AND DOWN

Today's challenge comes from our popular Lead Walking Ninja course in Club Dogwood. It's a game changer for walks with reactive or distracted dogs!

Up and Down is the perfect tool to maintain your dogs calm focus on you whilst a trigger just passes by. It's brilliance is in the simplicity of the tools...

Method

1. Drop a treat between your feet.
2. Your dog will put their nose down to find it.
3. Wait until your dog looks back up at you. Use your marker word e.g. 'yes'/'good' and drop another treat.
4. Repeat, repeat, repeat.
5. After a few repetitions your dog will get into the rhythm of looking up at you then down for the treat. This is the pattern.



Top Tip! Remember to take your time building up the training, starting with no distractions first and practicing in different locations before introducing distractions at a safe distance.

Would you like to learn more focus techniques like this?

Club Dogwood is packed full of training strategies designed especially for reactive and distracted dogs, including:

Helping your dog relax and de-stress, How to enjoy more relaxing walks, What to do if your dog is reactive, aggressive or anxious, Recall training, Loose lead walking training, Using the power of the nose to help with behavioural issues, How to have more fun with your dog for a better relationship and more focus!

Unlimited personalised feedback so you can progress with the help of professional dog trainers to have the stress-free, relaxing walks you deserve.

www.scentventure.dog