



ABC

This game has so many uses. My favourite is when you use it to check if your dog is ready to engage with you.

How often do you find yourself using your dog's name to try to get their attention and nothing happens? How many times do you think you are expecting your dog to respond instantly and instead they need a bit more time? This is a powerful and wonderfully magic game designed by Chirag Patel and has so many uses.

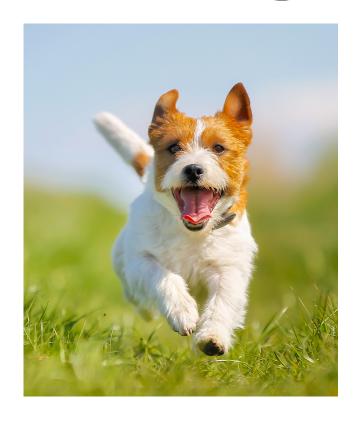


1.Say the word 'A' with a smooth sweeping arm movement (the visual makes it easier for your dog to recognise even in a busy environment) and place one piece of food down on the ground.

2. Give your dog at least 10-15 seconds to respond. If they don't look to you, you can say 'B' and put another piece of food down, again wait, they have the choice whether they are ready to engage and if needed you can say 'C' and put the third piece of food down.

3.If your dog still hasn't engaged with you, pick up all three pieces of food, take some time to observe what has your dogs attention, and start again a little closer in distance and in their line of sight.

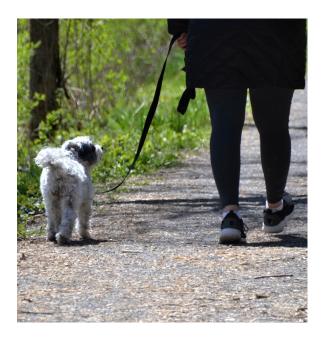
There is no attachment to outcome or expectation. If your dog is ready they will engage and join you to take the food. If they aren't ready they will not.



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How ABC relates to recall and loose lead walking

Instead of using your lead to pull your dogs if something has caught their attention and you'd like to move on, try using the counting game and see if you are able to reconnect with your dog and build that relationship even more with no pressure or tension added to a lead or a verbal cue.

It can lead to a lovely recall; when your dog engages you can place a tasty treat down for them. I use 'A' in the morning when my dogs are out in the garden and their breakfast has been prepared. I use it when we are on a walk and I can see they aren't as connected with me or are getting a little overwhelmed, I say 'A' and we can reconnect even in the busiest of places. It has become for us an 'are you ready?', if they are we can do more, if they aren't we are patient and just wait. No pressure on anyone.

You will find it can be used when walking together, in open spaces where there are distractions and in the home. Instead of overusing their name or cues which can very easily become meaningless, counting and having no expectations can really open up the chance to observe your dog and see just what their world is like and how many things are really distracting.

Some people find that just saying 'A' is more than sufficient. Saying 'B' and 'C' if it is needed gives us the humans the opportunity to really sit back and observe what has caught our dog's attention rather than putting ourselves under pressure again for our dog to respond. There is no expectation for a response when 'A' is said.

I really love the Club Katie and all of the advice you have to offer. It has opened up a new world for me, Buddy and Rosie. We have a great community here, somewhere to come to lift our spirits and you're so kind Katie, an inspiration to everyone, you always take the time to help anyone who needs it.

- Gina, Buddy and Rosie



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